



CE Questions

Event Title: Tales from the Licensing Board: Ethical Issues Facing Couple and Family Therapists — Home Study

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CE Credits: 6

1. Which of the following are learning objectives of this workshop:
 - a. Understand Informed Consent
 - b. Looking at the important elements of record keeping
 - c. Understand what the marriage and family therapist's responsibilities are when treating children in MA where parents may be separated, divorced, or never married
 - d. All of the above

2. Sources of guidance for therapists is:
 - a. Professional association ethics codes
 - b. State Licensing Laws
 - c. Federal Law - HIPAA
 - d. Regulatory Board Regulations and Policies
 - e. "Standards of Practice" for your license in your community - what would 3 MFT's say about any of your actions?
 - f. All of the above

3. Marriage and family therapists in MA must adhere to the Code of Ethics promulgated by:
 - a. Association for Marriage and Family Therapy Regulatory Boards (AMFTRB)
 - b. National Board of Clinical Counselors (NBCC)
 - c. American Association of Marriage and Family Therapists (AAMFT)
 - d. National Association of Social Workers (NASW)
 - e. All of the above

4. Which of the following is not a "Responsibility to Clients" as stipulated in the Code of Ethics:
 - a. Non-discrimination
 - b. Informed consent
 - c. Non abandonment
 - d. Guaranteed positive outcome
 - e. Relationship beneficial to client



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5. Which of the following are elements of “Confidentiality” as stipulated in the Code of Ethics:
 - a. Disclosing limits of confidentiality
 - b. Giving clients access to records
 - c. The therapist protecting records from disclosure
 - d. Confidentiality in consultation
 - e. All of the above

6. Which of the following is not an element of maintaining “Professional Competence and Integrity” as stipulated in the Code of Ethics:
 - a. Knowledge of regulatory standards
 - b. Seeking assistance as needed
 - c. Avoiding conflicts of interest
 - d. Working on the development of new skills
 - e. Writing a book about your client’s successful development

7. Marriage and Family Therapists have a unique responsibility to recognize the power imbalance which exists between themselves and their students/supervisees and to be cautious that dual relationships can easily occur which might exploit their trust and dependency.
 - a. True
 - b. False

8. Because of their unique perspectives as system thinkers, Marriage and Family Therapists should be willing to give their input in custody cases with or without court appointment.
 - a. True
 - b. False

9. Because of the sensitive nature of their work, Marriage and Family Therapists should never advertise their practice in order to get new clients.
 - a. True
 - b. False

10. A mental health practitioner is required to provide informed consent and at the outset of any therapeutic relationship is required to discuss:
 - a. the licensing of the therapist and restrictions on the license, if any.
 - b. Information about the services to be provided.
 - c. purposes, goal, and techniques of treatment.
 - d. confidentiality and its exceptions. Note that federal law requires specific privacy information be furnished to clients in an Notice of Privacy Practices (HIPAA).
 - e. fees and payment.
 - f. all of the above



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11. An intake and consent form should not include:
 - a. Goals, purposes, and techniques of therapy
 - b. Fees/payment
 - c. Confidentiality and the duty to warn
 - d. A waiver to not sue or report to licensing board for malpractice
 - e. Risks of therapy/counseling
 - f. Therapists death/incapacity
 - g. Consent to treat
 - h. HIPAA

12. There are no description of standards in the Massachusetts Allied Board of Mental Health regulations for clinical record keeping.
 - a. True
 - b. False

13. HIPAA regulations for clinical record keeping include:
 - a. Session start and stop times
 - b. Modalities and frequency of treatment
 - c. Diagnosis and functional status
 - e. Treatment plan and prognosis
 - f. Progress to date
 - g. All of the above

14. Bartering is acceptable form of payment for therapy services as long as the value of the items bartered is equal to or less than the published fee of the therapy services.
 - a. True
 - b. False

15. In MA you can treat a minor with the permission of only one parent.
 - a. True
 - b. False

16. In MA, children have the right to confidentiality, unless waived by the court.
 - a. True
 - b. False

17. It is good clinical practice to review divorce/custody arrangements when treating a minor regardless of who brings the child in or who is paying the bill.
 - a. True
 - b. False



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18. According to MA guidelines, therapy takes place where the client is, not where the therapist is.
 - a. True
 - b. False

19. Currently, MA does not have any guidelines or requirements to conduct on-line therapy or teletherapy.
 - a. True
 - b. False

20. Synchronous contact means that:
 - a. Contact between the therapist and client happens at regularly scheduled intervals via text or email
 - b. Contact between the therapist and client happens via a HIPAA compliant platform
 - c. Contact between the therapist and client happens in real time, either via video or telephonically.
 - d. all of the above

21. Some of the issues which make telehealth/teletherapy more challenging than therapy in the office setting are:
 - a. Identification and verification of client
 - b. Technological capabilities in building relationship
 - c. Informed consent
 - d. Synchronous vs. asynchronous contact
 - e. Confidentiality of communications
 - f. Emergency management (options in client location)
 - g. HIPAA security/ web maintenance and encryption
 - h. All of the above

22. The sole purpose of a clinician is to make plans that ensures all clients get referred to a trusted colleague in the event of the therapist's death.
 - a. True
 - b. False

23. The legislated purpose of a professional licensing board is to:
 - a. Promote the professions which make up the board
 - b. To provide for consumer protection
 - c. Promote an alliance between other professions of the Board



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- d. All of the above
24. The five professions on the Allied Mental Health Board are:
- Marriage and Family Therapists
 - Mental Health Counselors
 - Social Workers
 - Educational Psychologists
 - Psychologists
 - Behavior Analysts
 - Rehabilitation Counselors
 - Forensic Psychiatrists
25. The licensing board has the power to suspend or revoke a licensee's license if the situation requires it.
- True
 - False
26. The Allied Board of Mental Health also includes public members in addition to representatives of the five professions.
- True
 - False
27. The Allied Board of Mental Health members are appointed by the Governor of the Commonwealth of MA.
- True
 - False
28. The standard used for both licensure and also disciplinary hearings for the regulatory boards is:
- What would be reasonable for a clinician with 5 years of experience to have
 - What would be reasonable for the individual clinician given her/his years of experience
 - The minimum standard expected in the field
 - all of the above
 - none of the above